

Newsletter
Issue 3

August 2005



United Kingdom Taekwon-Do Association

태권도

Senior World Championships

Congratulations to all UKTA members who competed at the Senior World Championships in Australia. These were the medals won: 1 team bronze (England Team Pattern Male), Silver Dean Matthews 4th Dan pattern (Wales), bronze Ashley Stuart 1st Dan pattern (Eng), bronze Wayne Brookes sparring (Wales) & Aaron Jennings sparring (Eng).

Thank You Message

Grandmaster Rhee would like to thank the kind person who sent him the two boxes of wine. He greatly appreciates it, but is unable to thank them personally, as it came directly from Laithwaites, and there are no senders' details.

Grandmaster Rhee's Memoirs

Grandmaster Rhee is currently compiling photographs and anecdotes for his memoirs, which he hopes to have published in the near future. He would appreciate any photographs from the early years being sent for inclusion.

BTC Course

This course is open to all persons who teach or who help with classes including colour-belts and people who do not actually do Taekwon-Do such as parents.

The course will take place from 12.55pm until about 3.55pm on 2nd October 2005 at Shawlands Academy, 31 Moss Side Road, Shawlands Cross, Glasgow G41 3TR. We are advised that this is about two miles south of Glasgow Central Railway Station. The application form is enclosed.

BTC Certificates

Mr Beddows of the BTC advises us that there are still quite a large number of people who have not been issued with their certificates and the reason for the delay is usually because these people have not supplied certain information that has been requested or required.

Also in a few cases the certificates may have been lost by the Postal Services.

To ensure all matters are dealt with quickly and effectively Mr Beddows asks all people who have not received their certificate to call him direct on 0151 424 9466.

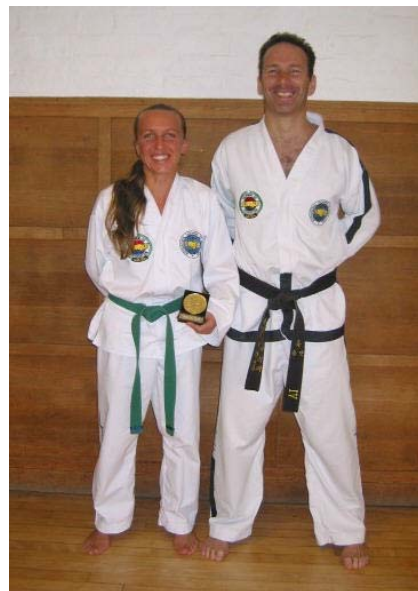
Success For Tunde

At the recent Impact Taekwon-do championships in Tonbridge, Kent on Saturday May 28th, Tunde Szabo from Walton TKD won the ladies sparring Gold medal in the under 52kg 6th kup to 3rd kup category.

Tunde won 3 bouts to win the Gold medal.

Tunde is pictured here with her Gold medal and her proud instructor Mr. Tom Wentworth IV degree (Walton Taekwon-do)

Congratulations, Tunde.



Grandmaster Rhee Seminar In Spain

Grandmaster Rhee will be conducting a seminar in Alicante, Spain on the 8th and 9th October. Anyone who is interested in attending, please contact the National Co-ordinator for information.

Party Time

On October 15th the UKTA will be hosting a special Grandmaster Rhee seminar and dinner party to celebrate '50 Years of Taekwon-Do'. Don't miss out on the fun, come and enjoy. Full details are included with this newsletter.

Taekwon-Do 50th Anniversary Celebrations at RAF High Wycombe

The RAF High Wycombe Taekwon-Do School is one of many in the RAF. The school's instructor, Mrs Lynda Langfield 5th Dan Black Belt, has taught at many RAF Stations including Akrotiri and Wyton.

The School was started in December 2003 and has over 30 pupils ranging from 4 years of age to 40. We were fortunate enough that our regular training night fell on the 50th Anniversary and to celebrate we organised a special training session.

The session was opened up to the families of all the students and it was pleasing to see so many brothers, sisters, mums and dads joining in with the fun. An introduction to the art by some of the students was followed by a light training session, in which some of the basic techniques were taught to the visitors. A couple of Taekwon-Do based games allowed the younger, and some of the older students and visitors to have some fun whilst learning some more about the art.

The families' training session ended with a presentation of commemorative plaques to the registered students and a group photograph.

Some of the graded students then made an attempt to break 50 boards in 30 minutes; Rhys Anderson, with the first break of the evening, started the event. By the time Mrs Langfield broke the final board there were some tired legs and arms but unfortunately we had exceeded our 30 minute target by 3 minutes.

All in all, the evening was a great success enjoyed by everyone who attended. It was especially relevant for some of the younger students who, if they work and train hard, could well be celebrating Taekwon-Do's 100th Anniversary as a Grand Master!

Article by Cpl Daz Grey

Grading And Seminar Information

Due to the problems arising regarding submission times for seminars and gradings the following applies:

Calendared seminars and gradings

All forms and fees must be with the National Grading Co-ordinator at least one week prior to the event.

Club Gradings

Club gradings can only be conducted by International Instructors. If you are not a 4th degree International Instructor, contact your nearest International Instructor, or your own Instructor provided they are an International Instructor to organise a club grading.

Area Blackbelt Seminars

All forms and fees must be with the National Co-ordinator at least one week prior to the event. The early application discount is no longer available due to its misuse. Anyone who is unable to attend should advise the National Grading Co-ordinator one day prior to receive a full refund. **No applications will be accepted on the day.**

RTA Didcot 20th Anniversary

RTA Didcot 20th anniversary celebration will take place on 11th September at Willowbrook Leisure Centre, Off Avon Way, Didcot, Oxon. Details to follow.

RAF High Wycombe 50 Boards Breaking Challenge

The members at RAF High Wycombe would like to extend the 50 Boards Breaking Challenge to all UKTA members, as it is an activity that most members will be able to participate in during this special Anniversary year.

The activity involves a team of members breaking 50 boards in the least time possible with the emphasis being on fun, challenge and participation.

Results will be available at the Anniversary Dinner. Please ask your Instructor for further details.

Olimpick Games

Each year on Dover's Hill near Chipping Campden, the Olimpik Games take place. These games are also known as the Robert Dover's Games and have a long tradition going back to 1612, and usually feature martial arts such as shin-kicking and backsword fighting. This year's event took place in June and thanks to members of the UKTA Cotswold Taekwon-do dojangs, Taekwon-Do was introduced to the games as demonstration sport.

The website www.olimpickgames.co.uk is very useful for people interesting in attending next year!

Well done to the participants from Chipping Campden and the other Cotswold dojangs.

TKD & KMA Magazine

Check out next months Taekwon-Do & Korean Martial Arts magazine, it features an excellent article from our very own Master Ray O'Neill. This is one of three articles covering step sparring and Theory of Power. All articles are accompanied by quality photographs and a detailed explanation of each topic.

Also in the coming months look out for Grand Master Rhee's recent visit to Korea where he was interviewed by Korea Times upon the necessity for unity in Taekwon-Do.

Here is a detailed list of outstanding features waiting publication:

Articles & features released:

- March 05 Black Belt promotion & seminar with details of the plate presentation. This should be released July/August.
- Article on patterns and the importance of Korean historical influence – by myself. This should be released in July/August.
- A general promotion/article on the Chatham Seminar, with details and contact information. This may be printed in both Combat and Taekwon-Do & Korean Martial Arts (TKD & KMA) in August edition but on the shelves by late July.
- Theory of power article by Master O'Neill – waiting for confirmation when printing.
- 2-step sparring article by Master O'Neill – waiting for confirmation when printing.
- 3-step sparring article by Master O'Neill – waiting for confirmation when printing. All three articles by Master O'Neill are extremely well written and supported by some excellent photographs. They will be a credit to the UKTA & ITF alike.
- The Korea Times article the recent visit to Korea by Grand Master Rhee. We are hoping again because of its significant importance that this warrants publication in both Combat & TKD & KMA in the August issue released in July.
- The Power of Focus written by Steve Proctor focuses on the importance of mental training to support the physical side. This is likely to be printed September/October time.
- All articles, interviews and features end with all our contact details.

If you experience any difficulties in purchasing either magazine, please contact our Vice Chairman at steve.proctor@ukta.com. It's your chosen Martial Art, your association so make sure you know what's going on!

Reminder of Future Events

ITF COURSE	CHATHAM – 25 th , 26 th , 27 th August
BLACK BELT GRADING	CHATHAM – 26 th , 27 th August
COMPETITIONS	WELSH – 24 th Sept Cardiff. BRITISH – 19 th Nov Sheffield

50th Anniversary Celebration

Wine, dine and party

Saturday October 15th 6.30pm
Stratford Manor Hotel
Stratford-upon-Avon

4 course banquet

Tae Kwon-do demonstration

Entertainment
Live Band

Black Tie

Open to everyone, any grade, partners welcome

£40 per head

Plus

Special golden anniversary seminar with Grandmaster Rhee Ki Ha

Saturday 15th October from 1.30-3.30pm
Stratford Manor Hotel, Stratford-upon-Avon

£15 each, all grades welcome

Please send cheques payable to UKTA to PO Box 162, Orpington, Kent, BR6 0HG

Please advise of any special dietary requirements.

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